ATHLETIC CLUB

25-yard Pool Schedule - Fall 2023

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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM							
7.00 AW							
8:00 AM						Swim Lessons	
	Infant Survival Swim						
	SWIIII	Swilli	Swilli	Swiiii	Swiiii		
9:00 AM							
	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit	Swim Lessons
10:00 AM							
	Swim Lessons + ISR						
11:00 AM	TISK	TISK	TISK	TISK	TISK		
12:00 PM						Swim Lessons	
12.00 PW							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
4.00 FW							
5:00 PM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			
	+ Swim Team	+ Swim Team	+ Swim Team	+ Swim Team			
					Swim Lessons		
6:00 PM					Swill Lessolis		
7:00 PM							
0.00 014							
8:00 PM							
Lanes Open	No	At least 3	2	1			
	Programming						