

Thanksgiving

Hours and Group Exercise

Wednesday, November 24

Club Hours: 5:00 am to 9:00 pm
Membership Hours: 9:00 am - 4:00 pm
Day Care Hours: 8:00 am to 4:00 pm
Group Ex - All classes cancelled 10:15 am and after.

Thursday, November 25

THE CLUB IS CLOSED but we highly encourage you to "Trot" with us. The annual Go!bbler (our local Turkey Trot) starts at 8:00 am on Thanksgiving! Of course, we encourage the activity but the most important part of the event is the food donation. To help, we are collecting food items at the Club the week of Thanksgiving so please be generous.

Friday, November 26

Club Hours: 8:00 am to 8:00 pm
Day Care Hours: 8:00 am to 12:00 pm
The Membership / Business Office will be closed.

Group Ex:
9:00 am AquaFit - Trish
9:15 am Cycling - Bob
9:30 HIIT - Eddie
(all other classes cancelled)

Saturday, November 27

The group exercise schedule, the Club and Day Care hours return to normal.

Thanksgiving Week Program Notes

Tennis Academy groups are cancelled Monday, November 22 - Sunday, November 28.

Performance Academy groups are cancelled Thursday, November 25 and Friday, November 26.

Swim Team will practice Wednesday 10:30 am - 12pm.

Tumble 'n Play is cancelled Thanksgiving week.

