



Little Rock

Athletic Club

2022 SUMMER CAMP



4610 SAM PECK ROAD | LITTLE ROCK, AR 72223
501.225.3600 | WWW.LRAC.COM

play on

DETAILS

Ages: 6 - 12
Time: 7:30 am - 6:00 pm
Place: Down Under Center, Little Rock Athletic Club
Activities: Games, sports, arts and crafts, swimming, and field trips.

FEES

Weekly		Daily	
Members:	\$205	Members:	\$48
Non-members:	\$269	Non-members:	\$60
\$50 non-refundable deposit required with registration		\$10 per day non-refundable deposit required with registration	

The camp fee includes all activities and morning and afternoon snacks. Enrollment is limited. Deposits are due at the time of registration and will be deducted from the camp fee. Weekly camp fees will be charged on Monday of camp. ***4 day weeks will be prorated.**

CAMPER INFORMATION

Name: _____ Date of birth: _____ Gender: Male Female
 Child is an: LRAC member LRRRC member Non-member
 Mother's name: _____ Father's name: _____
 Street address: _____ City: _____ State: _____ Zip: _____
 Mother's phone: _____ Father's phone: _____
 Email (for program updates, if needed): _____

MEDICAL INFORMATION

Person to contact in case of emergency if parents cannot be reached: _____
 Phone(s): _____ Relationship to child: _____
 Doctor's name: _____ Phone number: _____
 Emergency room of choice: _____
 Allergies, medications, special conditions including but not limited to asthma, diabetes, sun sensitivity, seizures or fainting spells (please provide specifics): _____
 Will the LRAC need to dispense medication? (circle one) YES NO

PAYMENT INFORMATION

Person responsible for payment: _____
 Responsible party's address: _____ City: _____ State: _____ Zip: _____
 Day phone: _____ Evening phone: _____ Email address: _____
 Method of Payment (Indicate your choice by completing the appropriate information below):
For security reasons, your payment information will be encrypted by our computer software and this information will be shredded.
 LRAC/LRRRC Club Account Option (for members only/account must be current)
 Name of member to be charged: _____
 Credit/Debit card option (Visa, MasterCard, Discover, American Express)
 Name as shown on card: _____
 Credit card number: _____ Expiration date: _____ CCV number: _____

SWIMMING

An American Red Cross certified lifeguard is on duty during all camp swimming activities at the LRAC. To further ensure the safety of all children, we follow a strict staff/child ratio at all times.

- My child is able to swim by himself/herself and I give him/her permission to do so during camp.
- My child is not able to swim by himself/herself. I request that he/she wear a life jacket while swimming during camp.
- My child may not participate in swimming activities during camp.

SUNSCREEN

Children should come to camp with sunscreen applied. LRAC staff members will recoat pre-school age children, if necessary. School age children will be supervised but may apply sunscreen to themselves. Any special instructions relating to sunscreen should be listed under "Medical Information."

TRANSPORTATION & PICK-UP AUTHORIZATION

Campers are transported to and from field trips in passenger vans. Children less than six years of age or 60 pounds will be seated in club supplied boosters while in vans.

My emergency contact is authorized to pick up my child from the LRAC.

Other adults authorized to pick-up my child from the LRAC include:

Name	Relationship	Address	City/State/Zip	Phone
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CAMP SELECTION

Please check the days your child will attend each week, (Note: Field trips are subject to change.)

Arcades & Sun (May 31 - June 3)

- Pinnacle Mountain Park
- Big Rock Fun Park
- Rebsamen Park
- Larry's Pizza

Full Week
 Tue Wed Thu Fri

Climb & Play (June 6 - 10)

- AR Skatium
- Riverfront Park & Splash Pad
- LR Climbing Center
- War Memorial Park & Splash Pad
- Chuck E. Cheese

Full Week
 Mon Tue Wed Thu Fri

Animals & Sun (June 13 - 17)

- Millennium Bowling Alley
- Burns Park
- Movie Theater
- Murray Park
- LR Zoo

Full Week
 Mon Tue Wed Thu Fri

Discovery & Arcades (June 20 - 24)

- DEFY Trampoline Park
- Riverfront Park & Splash Pad
- Museum of Discovery
- Riverfront Park & Splash Pad
- Big Rock Fun Park

Full Week
 Mon Tue Wed Thu Fri

Naturally Arkansas (June 27 - July 1)

- Lake Willastein Park
- Pinnacle Mountain Park
- Rebsamen Park
- Riverfront Park & Splash Pad
- Larry's Pizza

Full Week
 Mon Tue Wed Thu Fri

Jump & Climb (July 5 - 8)

- Riverfront Park & Splash Pad
- DEFY Trampoline Park
- Rebsamen Park
- LR Climbing Center

Full Week
 Mon Tue Wed Thu Fri

Roll & Bowl (July 11 - 15)

- LR Zoo
- Burns Park
- AR Skatium
- Lake Willastein Park
- Millennium Bowling Alley

Full Week
 Mon Tue Wed Thu Fri

Easy Summer Fun (July 18 - 22)

- Big Rock Fun Park
- Pinnacle Mountain Park
- Museum of Discovery
- Pinnacle Mountain Park
- Movie Theater

Full Week
 Mon Tue Wed Thu Fri

Fun & Arkansas Parks (July 25 - 29)

- Riverfront Park & Splash Pad
- Rebsamen Park
- Lake Willastein Park
- Pinnacle Mountain Park
- Chuck E. Cheese

Full Week
 Mon Tue Wed Thu Fri

Summer Finale I (August 1 - 5)

- Millennium Bowling Alley
- Witt Stephens Nature Center
- Museum of Discovery
- LR Climbing Center
- LR Zoo

Full Week
 Mon Tue Wed Thu Fri

Summer Finale II (August 8 - 12)

- Larry's Pizza
- DEFY Trampoline Park
- AR Skatium
- Movie Theater
- Chuck E. Cheese

Full Week
 Mon Tue Wed Thu Fri

NOW SIGN THE WAIVER ON THE BACK →

and return to Melody at melodynation@lrac.com or drop off at the club.

DISCIPLINE

The LRAC reserves the right to remove a child from any program or activity if the child's behavior jeopardizes his/her own safety, that of others, or is so disruptive that the enjoyment of other participants is diminished. The LRAC uses "timeout" to encourage good behavior. A child who must take a timeout will be removed from participation and is required to sit alone quietly for 1 minute for each year of age, i.e., a five year old would incur a 5 minute timeout whereas an eight year old would sit for eight minutes. This policy will be clearly explained to each child at the beginning of camp. Parents will be informed on a daily basis if their child was put in timeout. Continuous behavioral problems may result in removal from camp.

WAIVER

I understand and acknowledge that this is an agreement between myself and the auspices of the Little Rock Athletic Centers, LLC, dba Little Rock Athletic Club, Little Rock Racquet Club, North Little Rock Athletic Club and Downtown Athletic Club (collectively referred to as LRAC). I further acknowledge that I have the ability to read and have been provided the opportunity to read this agreement before signing.

I understand and agree that being allowed to participate and utilize the equipment, programs, supplies, services, staff and facilities at LRAC is good and valuable consideration for this agreement.

I understand that the nature of LRAC's facilities and equipment contemplate that other members, guests and staff will have access to the equipment, supplies and services available at LRAC. While LRAC takes reasonable steps to insure the safety and sanitization of the equipment, programs, supplies, services and facilities, it cannot and does not guarantee that the equipment, programs, supplies, services and facilities are germ / virus free (this includes, but is not limited to COVID-19). I acknowledge the individual responsibility regarding these issues and hereby waive any and all claims related to such issues should I or my children choose to participate and/or utilize the equipment, programs, supplies, services and facilities. I also acknowledge the individual responsibility regarding the fact that other members, guests or staff may be present and may have medical conditions and/or infections wholly independent of LRAC. I hereby waive any and all claims related to such issues should I or my children choose to participate and/or utilize the equipment, programs, supplies, services and facilities while other members, guests or staff are present.

RELEASE AND AGREEMENT NOT TO SUE: I understand, acknowledge and agree that the equipment, programs, supplies, services and facilities at LRAC are voluntary and that they involve inherent risks. The risk of injury includes the risk of use and the risk of misuse. The possible injuries include the potential for permanent paralysis and death. I knowingly and freely assume all such risks, both known and unknown and assume full responsibility for my participation and that of my children. I knowingly and freely agree to waive any claim for injury sustained at LRAC and agree not to sue LRAC (including its managers, officers, officials and/or employees) whether or not the claim for injury was caused by the negligence of LRAC, its managers, officers, officials and/or employees. I further agree to indemnify and hold harmless LRAC against any and all damage, loss, cost and expense related to any injury or harm I or my children might sustain.

Photography and/or Video - I understand that LRAC periodically takes facility and group photographs and videos and uses the resulting content for lawful purposes including, publicity, illustration, advertising and web content. I grant to LRAC and all its subsidiaries the right to take photographs and/or videos of myself or my children. I authorize LRAC, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that LRAC may edit and use such photographs and/or videos for any lawful purpose..

Text and Email Communication - By opting in to receiving text and email messages from LRAC, I agree to allow LRAC and all its subsidiaries, agents and service providers to contact me with promotional and informational texts and emails at the phone number(s) and/or email address(es) provided. I acknowledge that providing these phone numbers and email addresses is not a condition of receiving any property, goods or services. By listing this information, I certify that it is accurate and that I own the rights to use it and give consent for it/their use. Additionally, I understand that I may unsubscribe at any time to these communications.

MY SIGNATURE CONVEYS

- I authorize the LRAC to draft my program fee;
- I give my consent for my child to receive medical or surgical aid as may be deemed necessary and expedient by a duly licensed or recognized physician or surgeon in the case of an emergency when a parent or guardian cannot be reached. Consent is also given for an LRAC employee or his/her duly appointed representative to transport my child for emergency medical treatment in said situation;
- I have accurately described my child's swimming ability and clearly indicated my wishes regarding his/her/their participation in water activities;
- I understand and agree to the LRAC's policy on discipline;
- I understand that my child will be transported in passenger vans;
- I understand that sunscreen may be applied by LRAC staff members and have indicated my child's special needs as directed;
- I understand that I may ask for a conference with a staff member(s) as needed. I also understand that the Department of Human Services (DHS) can ask me or my child for an interview at any time concerning the facility;
- I have read the Release of Liability and Assumption of Risk Agreement above; fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement;
- I give my permission for the club to contact me via email with club news and programming information;
- I have read the Permission to Use Photography and/or Video Agreement above and give consent for my child to be in video or photographed;

Child's Name: _____

Parent's/Guardian's Signature: _____ Date: _____