



# Smoothies, Teas and Refreshers

## PROTEIN

### GREEN

#### GODDESS BEAUTY 11

Vanilla protein, apple, spinach, banana, mango, chia seeds, collagen

### FRANK

#### THE TANK 11.50

Vanilla plant protein, kale, spinach, almond butter, almond milk, blueberries, banana, monk fruit

### ELVIS 7.50

Chocolate whey, peanut butter, almond milk, banana

### SKINNY ELVIS 7.75

Chocolate whey, PBfit, almond milk, banana

### CUP OF JOE 8

Coffee smoothie with protein and choice of flavor  
*Mocha, white chocolate, vanilla*

## BUILD YOUR OWN

7.50

### BASE - PICK 1

Almond milk, soy milk, oat milk, orange juice

### PROTEIN - PICK 1

#### Whey:

Vanilla, strawberry, chocolate

#### Plant:

Vanilla, chocolate (vegan)

### FRUITS AND VEGGIES - PICK 2

Kale, spinach, carrot, banana, apple, blueberries, mango, strawberries, pineapple

*More than 2 +1.50 each*

## CLASSICS & KIDS

### FRUIT FRENZY 10

Strawberries, blueberries, peach, pineapple, apple, orange juice, honey

### STRAWBERRY & CREAM 6

Strawberries, yogurt, strawberry pudding, honey, almond milk

### APPLEY EVER AFTER 6

Apple, pineapple, yogurt, almond milk, green syrup

### GO BANANAS 6.50

Banana, yogurt, honey, chia seeds, almond milk

## REFRESHERS

### BLUE COURT 7.50

Sprite, blue raspberry syrup, pineapple syrup, yogurt, lemonade

### TROPICAL PUNCH 7.50

Sprite, strawberries, mango, tropical punch

### BLENDED LEMONADE 7

Sprite, yogurt, lemonade and choice of flavor  
*Orange, pineapple, apple, blue raspberry, peach, watermelon, strawberry, mango*

## PUREBOOST TEAS

*Green tea boosted with B12 and vitamins. Provides clean antioxidant energy for 4 - 6 hours. No sugar, sucralose or crash!*

### PUREBOOST 5

Citrus, berry or acai

### PUREBOOST

#### WITH IMMUNITY 5.50

Elderberry, tropical or tangerine

### PUREBOOST WITH

#### GREEN SUPER FOODS 6

Green Mojo



## WORKOUT BOOSTERS

### TROPICAL VACATION 8.50

Post-workout recovery, mango, pineapple, banana, fruit juice

### BERRY EXTREME 8.25

Blackberry/cherry pre-workout, blueberries, strawberries, orange juice

### GREEN ENVY 8.25

Green energy blend, spinach, apple, banana, almond milk

## ADD-INS

Collagen +4

Almonds +2

Chia seeds +1.50

Almond butter +2

Protein +3

Peanut butter +1

PBfit +1

Monk fruit

Honey